

IO1.3 Best practice in Germany

Type of practice	guidelines/ case study/ project/ activity/ vocational training programmes/ testing, guidance tools/ articles
Best practice title	ROCK YOUR LIFE!
Period of implementation	2013-2014
Location	Germany
Geographical coverage	Local/ National/ International
Contact	alisa.wieland@rockyourlife.de +49 (0)89 452 469 101
Link	https://rockyourlife.de/sonstiges/international
Contact person	Alisa Wieland
Target audience	Pupils from socially underprivileged conditions
Objectives	-encouraging pupils on their way to professional life and contributing to their finding out about their strengths and talents, so that they start living accordingly.
Short description	In Germany, the link between a young person's perspective and socio-demographic background is remarkably strong. Especially for youngsters from disadvantaged milieus, this poses an essential problem. The German school system is very selective, allowing little educational mobility. ROCK YOUR LIFE! wants to help pupils find what their strengths and talents are, so that they start living accordingly. In this project the pupils from socially underprivileged conditions are mentored during their last two years of school by specially trained university students. The goal is to improve the pupils' chances of finding a trainee position or attending intermediate secondary school after they graduate. The aim is to meet the needs of young people, helping them without patronising them, and providing both a role model and a support. College students are especially well suited to this role because they are themselves considering the same questions (choice of vocation, exercising independence, etc.). Company partnerships are a key element of the programme.
Activities/Action plan	Seminars helping pupils explore their own potentials, strengths, and future job perspectives. Mentoring activities (pupils/students)
Resources/Products	the project's website.
Impact	There are currently more than 45 such places in Germany and Switzerland.
Key words	strengths and talents, students, pupils